

AGENDA for the HSRM training program June - July 2022

Physical presence training from June 16 to 19 in Ohrid

Thursday 16.06.2022

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| 11.00 - 11.30 | Registration of participants and check in at Hotel Belvedere Ohrid |
| 11.30 - 12.00 | Welcome coffee |
| 12.00 - 14.00 | <ul style="list-style-type: none">▪ Introduction to the working program▪ Anonymous self-assessment questionnaire▪ Introduction to risk management |
| 14.00 - 15.00 | Lunch break |
| 15.00 - 20.00 | <ul style="list-style-type: none">▪ Risk management and adventure tourism▪ The impact of the outdoor environment on adventure travel programs▪ Navigation using a map, compass and GPS device |
| 20.00 | Dinner |

Friday 17.06.2022

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| 9.00 - 14.00 | <ul style="list-style-type: none">▪ Field work:<ul style="list-style-type: none">- hiking tour with risk analysis and assessment;- map and compass navigation;- outdoor equipment; |
| 14.00 - 15.00 | Lunch |
| 15.00 - 20.30 | <ul style="list-style-type: none">▪ Assessment and analysis of risks in adventure tourism;▪ Development of an emergency plan;▪ Incident report;▪ Psychology of adventure tourism and the specific aspects of safety and risk management |
| 20.30 | Dinner |

Saturday, 18.06.2022

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| 9.00 - 13.00 | <ul style="list-style-type: none">▪ Outdoor first aid |
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13.00 - 14.00	Lunch break - picnic on the field
14.00 - 19.30	<ul style="list-style-type: none"> ▪ Fieldwork - Resolving a situation by applying first aid during a hiking tour; ▪ Management of the incident; ▪ Cooperation with rescue services; ▪ Analysis of the field problem situation through the prism of the working procedures of the rescue service in Ohrid;
20.00	Dinner
<i>Sunday, 9.06.2022</i>	
9.00 - 15.00	<ul style="list-style-type: none"> ▪ Making short SOPs including an emergency plan for various adventure activities ▪ Conclusions from the field work ▪ Questions and discussions ▪ Agreement for the following activities
16.00	Lunch
17.00	Check out and travel back

Online sessions

24.06.2022

The topics are:

1. Action plans and monitoring
2. Improvement and up-date of systems;
3. Application of a linear and epidemiological model for analysis of risks and applied measures;
4. International standards for safety in adventure tourism;

Lecturers: Kostantin Ciriviri and Svetlana Ciriviri.

29.06.2022

The topics are:

1. Health safety as part of successful risk management in adventure tourism;
2. Most common health problems in adventure tours and management of the situations resulting from them;
3. Covid 19 and adventure tourism;
4. Management of health condition or injury during tour;
5. Nutrition as a factor for safe tours in tourism;

Lecturers: Dr. Alexander Manolev and Kostantin Ciriviri.

1.07.2022

The topics are:

1. Accommodation risk management in adventure tourism;
2. Transportation risk management in adventure tourism;
3. Proper communication in the creation and sale of the tourism programs as a safety measure;
4. Review of the SOP documents in progress made by the candidates;

Lecturers: Rubin Nikoloski and Kostantin Ciriviri.

5.07.2022

The topics are:

1. Psychology of adventure tourism - market, customers, value chain;
2. Psychology of stress and its impact when planning and organizing adventure tours;
3. Psychology of emergency, critical and extreme situations;
4. Management of emergency situations in the field.

Lecturers: Kostantin Ciriviri and Svetlana Ciriviri

8.07.2022

The topics are:

Homework analysis - prepared SOP documents and action plans in emergency situations.